

Water Watcher Card

Cut along the dotted line

5 ACTIONS TO PREVENT DROWNING

1 ASSIGN AN ADULT TO
CONSTANTLY WATCH
CHILDREN AROUND WATER.
STAY IN ARMS REACH.



2 LEARN TO FLOAT. LEARN
BASIC SWIMMING SKILLS.
NEVER SWIM ALONE.



3 WEAR U.S. COAST GUARD
APPROVED LIFE JACKETS IN
AND AROUND OPEN WATER,
ON DOCKS, AND ON BOATS.



4 BLOCK ACCESS TO WATER.
ENSURE MULTIPLE
BARRIERS ARE IN PLACE.



5 LEARN CPR WITH RESCUE
BREATHS.



LEARN THE SIGNS OF DROWNING



WATER WATCHER PLEDGE

I WILL constantly watch children around water.
I WILL NOT become distracted.
I WILL be ON DUTY until relieved by another adult.

For more information, visit www.colinshope.org

Para información en español,
visite www.colinshope.org/espanol



www.preventdrowningfoundation.org